

RESPONSIBLE DECISION-MAKING

A FEW SUGGESTIONS FOR ACTIVITIES TO BUILD ON WHAT STUDENTS HAVE LEARNED.

THE KID WITH THEMSELVES

- Encourage the kid to reflect on their behavior following a conflict.
- Suggest the kid carry out an activity reflecting on their choices. e.g. What were the positive and negative consequences of my choice (for me and for others)? Could I have made a different choice?
- Ask the kid to set rules they would prioritize if they were in their parents' shoes. e.g. about a topic such as screen time, meal times or chores.

THE KID WITH OTHERS

- To motivate the kid to accomplish a task, suggest that they write a list of goals.
- Suggest the kid plan and organize an event or activity with some level of constraint that leads to them having to make difficult choices.
- Do improv with your kid or with their friends to simulate situations where they need to make decisions.



WHAT IS RESPONSIBLE DECISION-MAKING?

- Demonstrating curiosity and openmindedness
- Identifying solutions for personal and social problems
- Learning to make a reasoned judgment after analyzing information, data, and facts
- Anticipating and evaluating the consequences of one's actions

- Recognizing how critical thinking skills are useful both in & out of school
- Reflecting on one's role in promoting personal, family, and community well-being
- Evaluating personal, interpersonal, community, and institutional impacts of one's choices

